

September 2019 MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 LABOR DAY!!	3 Brkst: Cereal, toast, fruit, juice, milk Lunch: Popcorn chicken, french fries, fruit, broccoli with cheese, milk	4 Brkst: Biscuits-n-gravy, fruit, juice, milk Lunch: Spaghetti with meat sauce, bread, salad, fruit, green beans, milk	5 Brkst: Cereal, toast, fruit, juice, milk Lunch: Sub sandwich, chips, carrots, fruit, milk	6 Brkst: Cinnamon roll, fruit, juice, milk Lunch: Hot dog, tator tots, baked beans, fruit, milk	7
8	9 Brkst: Scrambled egg, toast, fruit, juice, milk Lunch: Nachos with cheese, salsa, beans, fruit, cookie, milk	10 Brkst: Cereal, toast, fruit, juice, milk Lunch: Tator tot casserole, green beans, bread, fruit, milk	11 Brkst: Cinnamon toast, fruit, juice, milk Lunch: Chicken patty sandwich, french fries, fresh broccoli, sweet pickles, fruit, milk	12 Brkst: Biscuit with sausage, fruit, juice, milk Lunch: Cheese pizza, salad, corn, fruit, milk	13 Brkst: Cereal, donut holes, fruit, juice, milk Lunch: Frito chili pie, sweet potato tots, jello, fruit, milk	14
15	16 Brkst: Scrambled egg bake, fruit, juice, milk Lunch: Grilled cheese, tomato soup, carrots, fruit, milk	17 Brkst: Cereal, toast, fruit, juice, milk Lunch: Chicken enchilada, mexi rice, salsa, beans, chips, fruit, milk	18 Brkst: Muffins, fruit, juice, milk Lunch: Baked potato with chili and cheese, cooked carrots, bread stix, fruit, milk	19 Brkst: Cheese toast, fruit, juice, milk Lunch: Meatloaf, scalloped potatoes, corn, hot roll, fruit, milk	20 Brkst: Cereal, toast, fruit, juice, milk Lunch: Chef salad, fresh veggies, crackers, fruit, milk	21
22	23 School Holiday! No School!!	24 Brkst: Cereal, toast, fruit, juice, milk Lunch: Lil smokies, macaroni and cheese, steamed broccoli, fruit, milk	25 Brkst: Biscuit-n-gravy, fruit, juice, milk Lunch: Hamburger, baked beans, french fries, fruit, milk	26 Brkst: Toast, sausage, fruit, juice, milk Lunch: Roast beef, mashed potatoes, cooked carrots, hot roll, fruit, milk	27 Brkst: Cereal, donut holes, fruit, juice, milk Lunch: Corn dogs, tator tots, fruit, juice, milk	28
29	30 Brkst: Cereal, toast, fruit, juice, milk Lunch: Scrambled eggs, sausage patty, oven potatoes, biscuit, juice, milk					