

# January 2023

This is an equal opportunity provider

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																		
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b> Pancake sausage stix, fruit, juice, milk  Baked potato with taco meat, broccoli, bread, fruit, milk	<b>5</b>  Cereal, fruit, juice, milk  Chicken noodles, mashed potatoes, gravy, greenbeans, hot roll, fruit, milk	<b>6</b>  Biscuit-n-gravy, fruit, juice, milk  Sloppy joes, french fries, carrots, fruit, milk	<b>7</b>																																																																																																		
<b>8</b>	<b>9</b>  Cereal, fruit, juice, milk  Sweet-n-sour chicken, egg roll, broccoli, fried rice, fruit, milk	<b>10</b>  Breakfast burrito, fruit, juice, milk  Pizza, salad, corn, fruit, milk	<b>11</b>  Cereal, fruit, juice, milk  Nachos with pulled pork, beans, tomatoes, fruit, milk	<b>12</b>  Egg bake, fruit, juice, milk  Chicken spaghetti, broccoli, salad, bread, fruit, milk	<b>13</b>  Cereal, fruit, juice, milk  Sandwiches, chips, fresh veggies, fruit, milk	<b>14</b>																																																																																																		
<b>15</b>	<b>16</b>  NO SCHOOL!!	<b>17</b>  Cinnamon toast, fruit, juice, milk  Salisbury steak, mashed potatoes and gravy, green beans, bread, fruit, milk	<b>18</b>  Cereal, cheese stix, fruit, juice, milk  Goulash, oven fried potatoes, corn, bread, fruit, milk	<b>19</b>  Oatmeal, toast, fruit, milk  Chicken fajita salad, beans, salsa, chips, fruit, milk	<b>20</b>  Cereal, fruit, juice, milk  Hamburger, potato wedges, veggies on the side, fruit, milk	<b>21</b>																																																																																																		
<b>22</b>	<b>23</b>  Pancakes, fruit, juice, milk  Scalloped potatoes with ham, broccoli, bread, fruit, milk	<b>24</b>  Cereal, fruit, juice, milk  Stromboli, salad, green beans, fruit, milk	<b>25</b>  Sausage, egg, fruit, juice, milk  Beef enchilada, beans, salsa, chips, fruit, milk	<b>26</b>  Cereal, fruit, juice, milk  Chicken-n-rice, broccoli, carrots, bread, fruit, milk	<b>27</b>  Biscuit-n-gravy, fruit, juice, milk  Spaghetti, salad, peas, bread, fruit, milk	<b>28</b>																																																																																																		
<b>29</b>	<b>30</b>  Cereal, fruit, juice, milk  Egg, sausage, oven fried potatoes, biscuit, juice, milk	<b>31</b>  Pancakes, fruit, juice, milk  Tugboat with chili and cheese, sweet potato tots, fruit, milk	<table border="1" style="margin: auto; border-collapse: collapse;"> <tr><th colspan="7">Dec 2022</th></tr> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table> <table border="1" style="margin: auto; border-collapse: collapse;"> <tr><th colspan="7">Feb 2023</th></tr> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td></td><td></td><td></td><td></td></tr> </table>				Dec 2022							S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Feb 2023							S	M	T	W	T	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				
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