

# September 2022

## Lunch Menu

This is an equal opportunity provider

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																									
<table border="1" style="margin: auto; border-collapse: collapse;"> <thead> <tr> <th colspan="7">Aug 2022</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr> </tbody> </table>		Aug 2022							S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				<table border="1" style="margin: auto; border-collapse: collapse;"> <thead> <tr> <th colspan="7">Oct 2022</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table>		Oct 2022							S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						<b>1</b>  Brkst: Cereal, fruit, juice, milk  Lunch: Salisbury steak, mashed potatoes, gravy, corn, bread fruit, milk	<b>2</b>  Brkst: Sausage biscuit, fruit, juice, milk  Lunch: Southwestern wrap, beans, salsa, fruit, milk	<b>3</b>
Aug 2022																																																																																																															
S	M	T	W	T	F	S																																																																																																									
	1	2	3	4	5	6																																																																																																									
7	8	9	10	11	12	13																																																																																																									
14	15	16	17	18	19	20																																																																																																									
21	22	23	24	25	26	27																																																																																																									
28	29	30	31																																																																																																												
Oct 2022																																																																																																															
S	M	T	W	T	F	S																																																																																																									
						1																																																																																																									
2	3	4	5	6	7	8																																																																																																									
9	10	11	12	13	14	15																																																																																																									
16	17	18	19	20	21	22																																																																																																									
23	24	25	26	27	28	29																																																																																																									
30	31																																																																																																														
<b>4</b>	<b>5</b>	<b>6</b>  Brkst: Cereal, fruit, juice, milk  Lunch: Hot dog, french fries, fresh veggies, fruit, milk	<b>7</b>  Brkst: Egg patty, toast, fruit, juice, milk  Lunch: Chicken enchilada, beans, salsa, fruit, milk	<b>8</b>  Brkst: Cereal, fruit, juice, milk  Lunch: Baked potato with ham and cheese, broccoli, bread, fruit, milk	<b>9</b>  Brkst: Grilled cheese, tator tots, fruit, juice, milk  Lunch: Bisquit, sausage, egg patty, sweet tator tots, juice, milk	<b>10</b>																																																																																																									
<b>11</b>	<b>12</b>  Brkst: Cereal, fruit, juice, milk  Lunch: Tator tot casserole, green beans, bread, fruit, milk	<b>13</b>  Brkst: Yogurt, toast, fruit, juice, milk  Lunch: Pizza, salad, corn, fruit, milk	<b>14</b>  Brkst: Cereal, fruit, juice, milk  Lunch: Cheese nachos, refried beans, salsa, fruit, milk	<b>15</b>  Brkst: Biscuit-n-grav fruit, juice, milk  Lunch: Sub sandwich, chips, cottage cheese, fresh veggies, fruit, milk	<b>16</b>  Brkst: Cereal, fruit, juice, milk  Lunch: Fish stix, french fries, cole slaw, fruit, milk	<b>17</b>																																																																																																									
<b>18</b>	<b>19</b>	<b>20</b>  Brkst: Scrambled egg bake, fruit, juice, milk  Lunch: Rib patty sandwich, french fries, carrots, fruit, milk	<b>21</b>  Brkst: Cereal, fruit, juice, milk  Lunch: Taco salad, beans, salsa, tortilla chips, fruit, milk	<b>22</b>  Brkst: Blueberry muffin, fruit, juice, milk  Lunch: Lil smokies, mac-n-cheese, broccoli, fruit, milk	<b>23</b>  Brkst: Cereal, fruit, juice, milk  Lunch: Mini comdogs, tomatoes, tator tots, fruit, milk	<b>24</b>																																																																																																									
<b>25</b>	<b>26</b>  Brkst: Cereal, fruit, juice, milk  Lunch: Frito chili pie, corn, broccoli, fruit, milk	<b>27</b>  Brkst: Pancake sausage stix, fruit, juice, milk  Lunch: Stromboli, salad, carrots, fruit, milk	<b>28</b>  Brkst: Cereal, fruit, juice, milk  Lunch: Chef salad, crackers, fresh veggies, fruit, milk	<b>29</b>  Brkst: Oatmeal, toast, fruit, juice, milk  Lunch: Meatloaf, scaloped potatoes, green beans, bread, fruit, milk	<b>30</b>  Brkst: Cereal, fruit, juice, milk  Lunch: Chicken patty sandwich, bread butter pickles, french fries, fruit, milk																																																																																																										