

# November 2022

An equal opportunity provider

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Biscuit-n-gravy, fruit, juice, milk Taco salad, beans, salsa, chips, fruit, milk	2 Cereal, fruit, juice, milk Corn dogs, french fries, carrots, cookie, milk	3 Pancakes, fruit, juice, milk Ham-n-scaloped potatoes, broccoli, bread, fruit, milk	4 Cereal, fruit, juice, milk Beef stew with carrots and potatoes, green beans, corn bread, fruit, milk	5
6	7 Cereal, fruit, juice, milk Cheese nachos, beans, salsa, fruit, milk	8 Oatmeal, toast, fruit, juice, milk Fish stix, tator tots, baked beans, fruit, milk	9 Cereal, fruit, juice, milk Spaghetti, salad, corn, bread, fruit, milk	10 Cheese toast, fruit, juice, milk Pancakes, sausage patty, egg patty, sweet tator tots, fruit, milk	11 Cereal, fruit, juice, milk Oven roasted chicken, mashed potatoes, gravy, broccoli, bread, fruit, milk	12
13	14 Cereal, fruit, juice, milk Chicken enchilada, beans, chips, salsa, fruit, milk	15 Sausage, biscuit, fruit, juice, milk Salsbury steak, mashed potatoes, gravy, green beans, bread, fruit, milk	16 Cereal, fruit, juice, milk Cheesey noodles, peas, carrots, bread, fruit, milk	17 Cinnamon roll, fruit, juice, milk Hot dog, french fries, fresh veggies, fruit, milk	18 Cereal, fruit, juice, milk THANKSGIVING DINNER!!!!	19
20	21 NO SCHOOL THANKGIVING BREAK!!	22 NO SCHOOL THANKGIVING BREAK!!	23 NO SCHOOL THANKGIVING BREAK!!	24 NO SCHOOL THANKGIVING BREAK!!	25 NO SCHOOL THANKGIVING BREAK!!	26
27	28 Cereal, fruit, juice, milk Grilled cheese, tomato soup, veggies, fruit, milk	29 Yogurt, cheese stix, fruit, juice, milk Burrito/ southwest wrap, salad, mexi corn salsa, fruit, milk	30 Cereal, fruit, juice, milk Rib patty sandwich, baked beans, tator tots, fruit, milk	 		